

Workshop: Understanding Depression

**Friday 25.06.2010
9:00 am-1:00 pm
Medina Grand
511 Kent St Sydney**

"Understanding Depression" is the first in a series of 3 workshops (on Depression, Pain and Trauma) which can be undertaken as an individual workshop or as part of the series. The workshops have been designed to provide participants with information to develop their knowledge of presenting problems, and the treatment models and options to address specific disorders. The workshops are aimed at Intern Psychologists, Rehabilitation Counsellors or Social Workers working with clients presenting with these disorders.

About the Workshop

The aim of the workshop is to provide practitioners with up to date scientific and practical knowledge in relation to the diagnosis and treatment of Depression. Participants will learn:

- A theoretical and empirical definition of Depression
- How to identify Depression (including assessment tools, tests and clinical observation methods)
- How people experience Depression (common symptoms and complaints)
- What predisposes people to developing mood disorders such as Depression
- What precipitating events are common to the development of Depression
- What perpetuating factors maintain the cycle of Depression
- How to assist clients to break the cycle of Depression

Upon completion of this workshop, participants will have gained skills in undertaking an individualistic assessment of a client's pathology, and the idiosyncratic features of the disorder. Participants will have practical tools with which to manage clients with Depression and assist clients to improve symptoms and function.

About the Presenter: Cinzia Gagliardi

Cinzia is a Senior Clinical and Forensic Psychologist, with over 15 years experience in the assessment and treatment of chronically mentally ill individuals. Cinzia has worked in a variety of areas of psychological practice including:

- Corporate/ Organisational Psychology
- WorkCover
- Forensic Psychology through the criminal justice system
- Eating Disorders
- Sexual offender treatment and Assessment
- Private Practice (Clinical Psychology)
- Lecturing, tutoring and supervising Intern Psychologists

Cinzia combines up to date research knowledge, practical skills training and real life case studies to assist participants to gain skills that can use immediately in managing, treating and assisting clients with Depression.

Single Workshop	APS and ASORC Members	\$200.00	Non-Members \$250.00
2 Workshops	APS and ASORC Members	\$350.00	Non-Members \$450.00
Series of 3 Workshops	APS and ASORC Members	\$500.00	Non-Members \$650.00

For booking and payment, please complete attached Booking form.

Workshop: Understanding Trauma

**Friday 06.08.2010
9:00 am-1:00 pm
Medina Grand
511 Kent St Sydney**

"Understanding Trauma" is the second in a series of 3 workshops (on Depression, Pain and Trauma) which can be undertaken as an individual workshop or as part of the series. The workshops have been designed to provide participants with information to develop their knowledge of presenting problems, and the treatment models and options to address specific disorders. The workshops are aimed at Intern Psychologists, Rehabilitation Counsellors or Social Workers working with clients presenting with these disorders.

About the Workshop

The aim of the workshop is to provide practitioners with up to date scientific and practical knowledge in relation to the diagnosis and treatment of Trauma. Participants will learn:

- A theoretical and empirical definition of Trauma
- How to identify Trauma (including assessment tools, tests and clinical observation methods)
- How people experience Trauma (common symptoms and complaints)
- What predisposes people to being impacted by Trauma over the long term
- What precipitating events are common to the maintenance of a Trauma response
- What perpetuating factors maintain the cycle of Trauma and associated symptoms
- How to assist clients to break the cycle of Trauma

Upon completion of this workshop, participants will have gained skills in undertaking an individualistic assessment of a client's pathology, and the idiosyncratic features of the disorder. Participants will have practical tools with which to manage clients with Trauma and assist clients to improve symptoms and function.

About the Presenter: Cinzia Gagliardi

Cinzia is a Senior Clinical and Forensic Psychologist, with over 15 years experience in the assessment and treatment of chronically mentally ill individuals. Cinzia has worked in a variety of areas of psychological practice including:

- Corporate/ Organisational Psychology
- WorkCover
- Forensic Psychology through the criminal justice system
- Eating Disorders
- Sexual offender treatment and Assessment
- Private Practice (Clinical Psychology)
- Lecturing, tutoring and supervising Intern Psychologists

Cinzia combines up to date research knowledge, practical skills training and real life case studies to assist participants to gain skills that can use immediately in managing, treating and assisting clients with Trauma.

Single Workshop	APS and ASORC Members	\$200.00	Non-Members \$250.00
2 Workshops	APS and ASORC Members	\$350.00	Non-Members \$450.00
Series of 3 Workshops	APS and ASORC Members	\$500.00	Non-Members \$650.00

For booking and payment, please complete attached Booking form.

Workshop: Understanding Pain

**Friday 17.09.2010
9:00 am-1:00 pm
Medina Grand
511 Kent St Sydney**

"Understanding Pain" is the third in a series of 3 workshops (on Depression, Pain and Trauma) which can be undertaken as an individual workshop or as part of the series. The workshops have been designed to provide participants with information to develop their knowledge of presenting problems, and the treatment models and options to address specific disorders. The workshop is aimed at Psychologists, Rehabilitation Counsellors or Social Workers working with clients presenting with these disorders.

About the Workshop

The aim of the workshop is to provide practitioners with up to date scientific and practical knowledge in relation to the diagnosis and treatment of Chronic and Acute Pain. Participants will learn:

- A theoretical and empirical definition of Pain and the difference between Acute and Chronic Pain
- How to identify risk factors for Chronic Pain (including assessment tools, tests and clinical observation methods)
- How people experience Chronic Pain (common symptoms and complaints) and the impact it has on life and function
- What predisposes people to developing Chronic Pain (including belief systems and thought processes)
- What precipitating events are common to the development of Chronic Pain
- What perpetuating factors maintain the cycle of Chronic Pain
- How to assist clients to break the cycle of Chronic Pain

Upon completion of this workshop, participants will have gained skills in undertaking an individualistic assessment of a client's pathology, and the idiosyncratic features of the disorder. Participants will have practical tools with which to manage clients with Chronic Pain and assist clients to improve symptoms and function.

About the Presenter: Cinzia Gagliardi

Cinzia is a Senior Clinical and Forensic Psychologist, with over 15 years experience in the assessment and treatment of chronically mentally ill individuals. Cinzia has worked in a variety of areas of psychological practice including:

- Corporate/ Organisational Psychology
- WorkCover
- Forensic Psychology through the criminal justice system
- Eating Disorders
- Sexual offender treatment and Assessment
- Private Practice (Clinical Psychology)
- Lecturing, tutoring and supervising Intern Psychologists

Cinzia combines up to date research knowledge, practical skills training and real life case studies to assist participants to gain skills that can use immediately in managing, treating and assisting clients with Pain.

Single Workshop	APS and ASORC Members	\$200.00	Non-Members \$250.00
2 Workshops	APS and ASORC Members	\$350.00	Non-Members \$450.00
Series of 3 Workshops	APS and ASORC Members	\$500.00	Non-Members \$650.00

For booking and payment, please complete attached Booking form.

Workshop Series: "Understanding"

Presented by Cinzia Gagliardi
Clinical and Forensic Psychologist

Please complete and return this document via **Fax 9283 4722**, or post to PO Box 2084 Bondi Junction NSW 1355.

Booking and Payment Form:

Name: _____
Position: _____
Organisation: _____
Email: _____
Contact number: _____

Workshop	Member (ASORC, APS)	Non-Member	Items Selected
Single Workshop	\$200.00	\$250.00	Depression Trauma Pain
2 Workshops	\$350.00	\$450.00	Depression Trauma Pain
Understanding Series	\$500.00	\$650.00	All
Total Cost:	\$	\$	

Please note the due dates for booking and payment listed below:

Workshop 1: Understanding Depression Booking and Payment due by 18.06.2010
Workshop 2: Understanding Trauma Booking and Payment due by 30.07.2010
Workshop 3: Understanding Pain Booking and Payment due by 10.09.2010

If you are booking 2 or 3 workshops and want to take advantage of the discount for multiple workshops, please note the payment must be made in full 1 week prior to the first workshop date.

Direct Deposit (EFT): Quote your full name to:
Account name: Psychological Health Interventions Pty Ltd
BSB: 062028 Account No: 202810658395

Cheque: Made out to "Psychological Health Interventions"
PO Box 2084 Bondi Junction NSW 1355.

For enquiries please contact Psychological Health Interventions on 1800 424 635.